

2006 IronMind Weightlifting Championships

USAW Sanction #06-37-05 Saturday, December 9, 2006 Creswell, Oregon

Lifter	YoB	Team	Bwt.	Snatch	C&J	Total
Womens						
63						
Sarah Bertram**	1983	Hvyath	63	80#	97.5#	177.5#
Allison Tunnell	1990	IrnW	61.4	47.5	62.5	110
Elaine Weiss	1961	IrnW	60.6	40#	52.5#	92.5#
Sara Ferris	1962	IrnW	63	32.5	45	77.5
69						
Jessica Gee	1984	IrnW	69	62.5	80	142.5
Nadine Powell	1951	IrnW	68.4	42.5	62.5	105
Rosie Turner	1950	IrnW	67.8	25	42.5	67.5
75+						
Lori Alford	1962	IrnW	84	50	65#	115#
Lola Fritz	1954	IrnW	82.4	37.5	55	92.5
Gay McKinlay	1936	IrnW	76.6	17.5	27.5	45
Mens						
47						
Jeff Toreson	1992	Unat	45.6	42.5	55	97.5
85						
Chris Hansen	1948	IrnW	83.2	80	110	190
Sam Noga	1989	WilH	83	72.5	95	167.5
Nick Toreson	1987	Unat	79.4	70	92.5	162.5
94						
Don Nickell	1947	IrnW	93.8	77.5	105#	182.5
105						
Keith Best	1986	IrnW	94.6	82.5	107.5	190

** Outstanding Lifter: Sarah Bertram
New Oregon State Records

