

2010 IronMind Weightlifting Championships

USAW Sanction # 10-37-05 December 11, 2010, Creswell, OR

Lifter	YoB	Team	Bwt.	Snatch	C&J	Total
<u>Women</u>						
53						
Mira Kwon	71	una	52.6	42.5+	55+	97.5+
Rachel Perjessy	85	una	49.8	32.5	42.5	75
58						
Mary Pond	81	hvy	55.4	57.5	77.5	135
63						
Karin Field	71	pow	62.2	37.5	55+	92.5+
69						
Amy Hay	91	sobd	69	60+	85+	145+
75						
Beth Smith	78	pdx	72.6	45	62.5	107.5
75+						
Peggy Shrives	57	irn	107	45+	65+	110+
<u>Men</u>						
69						
Jonny Martinez*	94	hvy	64.6	45	65	110
77						
Josh Roth	90	una	76.6	92.5	115	207.5
Mike Johnson	86	una	76	87.5	110	197.5
Aaron Lieberman	70	irnw	77	75+	95	170+
Jacob Stevens	86	una	71.6	45	75	120
85						
Jon Elliott	84	hvy	84.2	110	150	260
Chris Hansen	48	irnw	80.8	67.5	100	167.5
94						
Nick Horton	78	pdx	86	85	110	195
Adam Parson	88	una	89.6	75	97.5	172.5
Zack Fornshell	94	hvy	94	52.5	70	122.5
105						
Chris Roth	89	una	100.2	125	160	285
Joe Richey	76	hvy	94.6	110	135	245
Chris Extine	80	pdx	99.4	85	115	200
Peter Curcio	79	pdx	94.8	90	105	195
Mike Anderson	49	irnw	100.2	57.5	77.5	135
105+						
Patrick Mangan	69	pdx	106	60+	80+	140+

+ Oregon LWC Record, * Outstanding Lifter, Jonny Martinez

Meet Director: Tom Hirtz Announcer: Gene Joseph Expediter/Timekeeper: Cathy Joseph Official Scorer: Sara Ferris, Mary Pond Scoreboard: Carol Clark Loaders: Jonathan Yaseuda, Tiffany Moran, Ty Gibbs, Jonah Cannoy, Officials: Scott Baxter, Bill Barkelew, Lori Ann Alford **OUTSTANDING LIFTER AWARD** donated by Jon, Renae Joseph