

Heavy Athletics Club Weightlifting Championships

USAW Sanction # 10-37-04 September 18, '10 Creswell, OR

Lifter	YoB	Team	Bwt.	Snatch	C&J	Total
Women						
58						
Mira Kwan	71	unat	54.4	42.5#	55#	97.5#
Celia Oney	89	Pdx	56.2	32.5	47.5	80
63						
Kara Bittner	77	Pdx	61.2	32.5	50	82.5
69						
Sarah Bertram	83	Hvy	68.4	85	105	190
Ashleigh Hess	87	Sobad	67.2	52.5	60	112.5
Robin Lanier	60	Irnw	68.6	32.5	52.5	85
75						
Beth Smith	78	Pdx	72.6	45	60	105
Men						
62						
Brandon Tovey*	91	Pdx	62	70	95	165
69						
Mike Cook	66	unat	68.2	77.5#	97.5#	175#
Adam Garmon	82	unat	66.6	60	80	140
Paul Rodriguez	93	Hvy	64.2	57.5	80	137.5
77						
Josh Roth	90	unat	76.8	85	110	195
Mike Johnson	86	unat	75.2	80	105	185
Craig Kawaoka	59	Chkr	71.4	65	90	155
85						
Jon Elliott	84	Hvy	84.4	115	140	255
Arron Steiner	80	Chkr	82.6	95	120	215
Chris Hansen	48	Irnw	79.8	70	100	170
Darin Phillips	94	Hvy	78.4	65	90	155
94						
Joe Richie	76	Hvy	92.8	112.5	130	242.5
Peter Curcio	80	Pdx	90.8	80	100	180
105						
Chris Roth	89	unat	99.2	125	155	280
Chris Extine	80	Pdx	100.2	85	117.5	202.5

* Outstanding Lifter

Oregon State Records

Meet Director: Tom Hirtz Announcer: Gene Joseph Expediter/ Timekeeper: Cathy Joseph Officials:
 Frank Ratti, Scott Baxter, Bill Barkelew Loaders: Mary (on golden) Pond, Tyler (baby back) Gibbs,
 Laurie Hughes, Jessica Gee, Bill Shamblin Scoreboard: Carol Clark Scorekeeper: Sara Ferris, Lori
 Alford Outstanding Lifter Award given by Jon & Renea Joseph