

2011 Russ Knipp Weightlifting Championships

USAW Sanction # 37-11-02 Saturday, April 16, 2011 Creswell, OR

Lifter	YoB	Team	Bwt.	Snatch	C&J	Total
Women						
58						
Mary Pond	84	Hvath	55.4	62.5	80	142.5
Mira Kwon	71	una	57.6	50	60	--
63						
Jessica Gee	84	Hvath	63	72.5	92.5	165
69						
Sarah Bertram	83	Hvath	68.2	87.5	107.5	195
Men						
69						
Brandon Tovey	91	PDX	67.8	80	102.5	182.5
Mike Cook	66	unat	68	82.5*	97.5*	180*
James Kim	86	unat	67.4	70	95	165
Roy Sharp	67	PDX	68.6	55	75	130
85						
Jon Elliott	84	Hvath	84.6	100	137.5	237.5
Ty Gibbs	89	Hvath	80.6	100	130	230
Nick Horton	78	PDX	84.2	87.5	115	202.5
94						
Joe Richie	76	Hvath	93.8	107.5*	130*	237.5*
Tony Gracia	85	unat	86.8	95	110	205
105						
Chris Extine+	80	PDX	103.8	90	125	215
Zack Fornshell	94	Hvath	99.2	70	85	155
105+						
Brendon Ziegler	81	OSU	117.2	135	175	310

* Oregon State Records + Outstanding Lifter

Meet Director: Tom Hirtz Announcer: Gene Joseph Expediter/Timekeeper: Cathy Joseph
 Scorekeeper: Lisa Apo, Wenda Nickell Scoreboard: Ruth LeFevre, Carol Clark Loaders:
 Ty Spooner, , Officials: Bill Barkelew, Sara Ferris, Lori Ann Alford Outstanding Lifter
 Award: Donated by Jon, Renae Joseph/IronWorks Gym