

OREGON WOMENS MASTERS WEIGHTLIFTING RECORDS 55-59

DECEMBER 2011

<u>CLASS</u>	<u>WEIGHT</u>	<u>LIFTER</u>	<u>DATE</u>	<u>SITE</u>	<u>TEAM</u>	<u>YoB</u>
<u>48 KG</u>						
SNATCH	27.5	Rowe O'Rourke	12/17/11	IronMind	Unat	04/1956
C&J	30	Rowe O'Rourke	12/17/11	IronMind	Unat	04/1956
TOTAL	57.5	Rowe O'Rourke	12/17/11	IronMind	Unat	04/1956
<u>53 KG</u>						
SNATCH						
C&J						
TOTAL						
<u>58 KG</u>						
SNATCH						
C&J						
TOTAL						
<u>63 KG</u>						
SNATCH	40	Holly Arrow	12/17/11	IronMind	Unat	12/1955
C&J	55	Holly Arrow	12/17/11	IronMind	Unat	12/1955
TOTAL	95	Holly Arrow	12/17/11	IronMind	Unat	12/1955
<u>69 kg</u>						
SNATCH	47.5	Nadine Powell	06/03/06	U/O	IrnW	04/1951
C&J	65	Nadine Powell	03/30/07	N Masters	IrnW	04/1951
TOTAL	110	Nadine Powell	06/03/06	U/O	IrnW	04/1951
<u>75 KG</u>						
SNATCH	47.5	Nadine Powell	06/02/07	U/O	IrnW	04/1951
C&J	62.5	Nadine Powell	06/02/07	U/O	irnW	04/1951
TOTAL	110	Nadine Powell	06/02/07	U/O	IrnW	04/1951
<u>75+ KG</u>						
SNATCH						
C&J						
TOTAL						